

The Molecules of Life Poster

The [Molecules of Life poster](#) complements the [Molecules of Life Modeling Kit®](#) and serves as your on-the-wall reference throughout the year. The key concept for your students to understand is:

Small molecules (monomers) join to form larger macromolecules essential for life.

Additional Points:

- The Molecules of Life poster presents **multiple representations** of these small molecules of life, including:
 1. Chemical structures
 2. 2D stamped-foam representations used in the Molecules of Life kit
 3. Computer-generated images of the 3D structures
- While **dehydration synthesis** is not shown on the poster, (it is covered in the modeling kit), it is important for students to understand enzymes catalyze the process for each monomer-to-macromolecule synthesis

Specific Teaching Points for each of the four **Molecules of Life** follow.

Proteins

- Proteins (polypeptides) perform essential functions within cells including:
 - Acting as enzymes that catalyze chemical reactions
 - Providing structural support (intracellular matrix) within cells
 - Regulating cellular processes
 - Signaling via peptide hormones
- Ribosomes synthesize proteins by linking amino acids together in a specific sequence encoded in mRNA
- Some proteins, like hemoglobin, are globular and exist in the **hydrophilic cytoplasm** of the cell. Others, like aquaporin, are embedded in the **hydrophobic membrane** that surrounds the cell

For more modeling and information on amino acids and proteins see the [Amino Acid Starter Kit®](#) (middle school, high school, and college), and [Protein Structure Modeling Kit®](#) (high school and college), Teacher resources, student handouts or a slide deck are available.



Carbohydrates

- Carbohydrates Serve as Fuel – that metabolizes to generate energy
 - Glucose is a simple sugar (carbohydrate) that metabolizes to produce energy for cells
 - Monomers of glucose link together to form glycogen – a storage form of glucose
- Carbohydrates play an important role in cell-cell communication.
 - Carbohydrates (simple sugars) link together in complex structures to modify proteins that embed in the cell membrane

DNA

- The sequence of nucleotides in DNA encodes the sequence of amino acids in proteins.
 - Adenine, thymine, guanine, and cytosine are the four nucleotide monomers that link together to form double-stranded DNA.
 - Adenine forms hydrogen bonds with thymine, and guanine forms hydrogen bonds with cytosine in double-stranded DNA.
- In a eukaryotic cell, DNA exists in the:
 - Nucleus, where the cell's DNA genome is stored – until its code is transcribed and mRNA carries the code – to ribosomes in the endoplasmic reticulum where it is translated into amino acids
 - Mitochondria and Chloroplast organelles, which were once were free-living prokaryotes that gradually, over time, became part of eukaryotic cells, yet still retain remnants of their prokaryotic genomes

For more DNA modeling and information see [Dynamic DNA Kit®](#) and [Flow of Genetic Information Kit®](#) (high school and college), or the [DNA Starter Kit](#) (middle school). Teacher resources and student handouts are available.

Membranes

- Phospholipids spontaneously assemble into membranes
 - Phospholipids are amphipathic – composed of hydrophobic fatty acid tails and a hydrophilic phosphate head group.
 - Unlike the other molecules of life, phospholipids are not joined together by covalent bonds to form the membrane
 - Hydrophobic interactions between the fatty acid tails of the phospholipids stabilize the membrane
 - Membranes function as a hydrophobic barrier between the inside of a cell and the extracellular environment.



- Proteins embed in membranes, including
 - Transmembrane channel proteins
 - Peripheral proteins
 - Receptor
 - Glycolipids – long strands of sugar molecules

For more modeling and information on membranes, please see the [Mosaic Membrane Mighty Model®](#) and its slide deck, [Modeling Biological Membranes](#) and the [Phospholipid & Membrane Transport Kit®](#), with its teacher guide and student handouts. Both are suitable for high school and college.

Next Generation Science Standards

Science and Engineering Practices	Cross Cutting Concepts	Disciplinary Core Ideas
Developing and Using Models	Scale, Proportion and Quantity	HS-LS1.A
Constructing Explanations and Designing Solutions	Structure and Function	HS-LS1-2